BODYSYSTEM® REHAB

November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Rehab Studio Closed	2 Opening Hours 8:30am – 6:00pm	3 Opening Hours 8:30am – 6:00pm	4 Opening Hours 8:30am – 6:00pm	5 Opening Hours 8:30am – 6:00pm	6 Opening Hours 8:30am – 6:00pm	7 Rehab Studio Closed
8 Rehab Studio Closed	9 Opening Hours 8.30.00pm – 6:00pm	10 Opening Hours 8.30.00pm – 6:00pm	11 Opening Hours 8.30.00pm – 6:00pm **Closed** **10:30am-2:00pm**	12 Opening Hours 8:30am – 6:00pm	13 Opening Hours 8:30am – 6:00pm	14 Rehab Studio Closed
15 Rehab Studio Closed	16 Opening Hours 8:30am – 6:00pm	17 Opening Hours 8:30am – 6:00pm	18 Opening Hours 8:30am – 6:00pm	19 Opening Hours 8:30am – 6:00pm	20 Opening Hours 8:30am – 6:00pm	21 Rehab Studio Closed
22 Rehab Studio Closed	23 Opening Hours 8:30am – 6:00pm	24 Opening Hours 8:30am – 6:00pm	25 Opening Hours 8:30am – 6:00pm	26 Opening Hours 8:30am – 6:00pm	27 Opening Hours 8:30am – 6:00pm	28 Rehab Studio Closed
29 Rehab Studio Closed	30 Opening Hours 8:30am – 6:00pm					

NOTE: BODYSYSTEM Rehab Studio has a strict 6:00pm closing time, please ensure you have finished your prescribed exercise program prior to this time.
BODYSYSTEM reserves the right to change or alter operational hours at any time without notice.