

BODYSYSTEM® REHAB

June 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Opening Hours 8:30am – 6:00pm	2 Opening Hours 8:30am – 6:00pm	3 Opening Hours 8:30am – 6:00pm	4 Opening Hours 8:30am – 6:00pm	5 Opening Hours 8:30am – 6:00pm	6 Rehab Studio Closed
7 Rehab Studio Closed	8 Closed King's Birthday	9 Opening Hours 8:30am – 6:00pm	10 Opening Hours 8:30am – 6:00pm Closed 12:00pm-2:00pm	11 Opening Hours 8:30am – 6:00pm	12 Opening Hours 8:30am – 6:00pm	13 Rehab Studio Closed
14 Rehab Studio Closed	15 Opening Hours 8.30.00pm – 6:00pm	16 Opening Hours 8:30am – 6:00pm	17 Opening Hours 8:30am – 6:00pm	18 Opening Hours 8:30am – 6:00pm	19 Opening Hours 8:30am – 6:00pm	20 Rehab Studio Closed
21 Rehab Studio Closed	22 Opening Hours 8:30am – 6:00pm	23 Opening Hours 8:30am – 6:00pm	24 Opening Hours 8:30am – 6:00pm Closed 10:30am-2:00pm	25 Opening Hours 8:30am – 6:00pm	26 Opening Hours 8:30am – 6:00pm	27 Rehab Studio Closed
28 Rehab Studio Closed	29 Opening Hours 8:30am – 6:00pm	30 Opening Hours 8:30am – 6:00pm				

NOTE: BODYSYSTEM Rehab Studio has a strict 6:00pm closing time, please ensure you have finished your prescribed exercise program prior to this time. BODYSYSTEM reserves the right to change or alter operational hours at any time without notice.