

BODYSYSTEM® REHAB

May 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Opening Hours 8:30am – 6:00pm	2 Rehab Studio Closed
3 Rehab Studio Closed	4 Opening Hours 8:30am – 6:00pm	5 Opening Hours 8:30am – 6:00pm	Opening Hours 8:30am – 6:00pm	7 Opening Hours 8:30am – 6:00pm	8 Opening Hours 8:30am – 6:00pm	9 Rehab Studio Closed
10 Rehab Studio Closed	11 Opening Hours 8:30am – 6:00pm	12 Opening Hours 8:30am – 6:00pm	13 Opening Hours 8.30.00pm – 6:00pm Closed 12:00pm-2:00pm	14 Opening Hours 8:30am – 6:00pm	15 Opening Hours 8:30am – 6:00pm	16 Rehab Studio Closed
17 Rehab Studio Closed	18 Opening Hours 8:30am – 6:00pm	19 Opening Hours 8:30am – 6:00pm	20 Opening Hours 8:30am – 6:00pm	21 Opening Hours 8:30am – 6:00pm	22 Opening Hours 8:30am – 6:00pm	23 Rehab Studio Closed
24 Rehab Studio Closed	25 Opening Hours 8:30am – 6:00pm	26 Opening Hours 8:30am – 6:00pm	27 Closed 8:30am-2:00pm Opening Hours 2:00pm – 6:00pm	28 Opening Hours 8:30am – 6:00pm	29 Opening Hours 8:30am – 6:00pm	30 Rehab Studio Closed

NOTE: BODYSYSTEM Rehab Studio has a strict 6:00pm closing time, please ensure you have finished your prescribed exercise program prior to this time. BODYSYSTEM reserves the right to change or alter operational hours at any time without notice.

BODYSYSTEM® PHYSIOTHERAPY EXERCISE PHYSIOLOGY REHAB