

BODYSYSTEM®

March 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 Rehab Studio Closed	31 Opening Hours 8:30am – 6:00pm					1 Rehab Studio Closed
2 Rehab Studio Closed	3 Opening Hours 8:30am – 6:00pm	4 Opening Hours 8:30am – 6:00pm	5 Opening Hours 8:30am – 6:00pm Closed 10:30am – 2:00pm	6 Opening Hours 8:30am – 6:00pm	7 Opening Hours 8:30am – 6:00pm	8 Rehab Studio Closed
9 Rehab Studio Closed	10 CLOSED Eight Hour Day	11 Opening Hours 8:30am – 6:00pm	12 Opening Hours 8:30am – 6:00pm	13 Opening Hours 8:30am – 6:00pm	14 Opening Hours 8:30am – 6:00pm	15 Rehab Studio Closed
16 Rehab Studio Closed	17 Opening Hours 8:30am – 6:00pm	18 Opening Hours 8:30am – 6:00pm	19 Opening Hours 8:30am – 6:00pm	20 Opening Hours 8:30am – 6:00pm	21 Opening Hours 8:30am – 5:00pm Closed 5.00pm – 6:00pm	22 Rehab Studio Closed
23 Rehab Studio Closed	24 Opening Hours 8:30am – 6:00pm	25 Opening Hours 8:30am – 6:00pm	26 Opening Hours 8:30am – 6:00pm	27 Opening Hours 8:30am – 6:00pm	28 Opening Hours 8:30am – 6:00pm	29 Rehab Studio Closed

NOTE: BODYSYSTEM Rehab Studio has a strict 6:00pm closing time, please ensure you have finished your prescribed exercise program prior to this time.

BODYSYSTEM reserves the right to change or alter operational hours at any time without notice.