

# BODYSYSTEM® REHAB

August 2024

| Sunday                    | Monday                                 | Tuesday                                | Wednesday  | Thursday                               | Friday                                 | Saturday                  |
|---------------------------|--|--|--|--|--|---------------------------|
|                           |  |  |  | 1<br>Opening Hours<br>8:30am – 6:00pm  | 2<br>Opening Hours<br>8:30am – 6:00pm  | 3<br>Rehab Studio Closed  |
| 4<br>Rehab Studio Closed  | 5<br>Opening Hours<br>8:30am – 6:00pm  | 6<br>Opening Hours<br>8:30am – 6:00pm  | 7<br>Opening Hours<br>8:30am – 6:00pm                                | 8<br>Opening Hours<br>8:30am – 6:00pm  | 9<br>Opening Hours<br>8:30am – 6:00pm  | 10<br>Rehab Studio Closed |
| 11<br>Rehab Studio Closed | 12<br>Opening Hours<br>8:30am – 6:00pm | 13<br>Opening Hours<br>8:30am – 6:00pm | 14<br>Opening Hours<br>8:30am – 6:00pm                               | 15<br>Opening Hours<br>8:30am – 6:00pm | 16<br>Opening Hours<br>8:30am – 6:00pm | 17<br>Rehab Studio Closed |
| 18<br>Rehab Studio Closed | 19<br>Opening Hours<br>8:30am – 6:00pm | 20<br>Opening Hours<br>8:30am – 6:00pm | 21<br>Opening Hours<br>8:30am – 6:00pm<br>Closed<br>10:30am – 2:00pm | 22<br>Opening Hours<br>8:30am – 6:00pm | 23<br>Opening Hours<br>8:30am – 6:00pm | 24<br>Rehab Studio Closed |
| 25<br>Rehab Studio Closed | 26<br>Opening Hours<br>8:30am – 6:00pm | 27<br>Opening Hours<br>8:30am – 6:00pm | 28<br>Opening Hours<br>8:30am – 6:00pm                               | 29<br>Opening Hours<br>8:30am – 6:00pm | 30<br>Opening Hours<br>8:30am – 6:00pm | 31<br>Rehab Studio Closed |

NOTE: BODYSYSTEM Rehab Studio has a strict 6:00pm closing time, please ensure you have finished your prescribed exercise program prior to this time. BODYSYSTEM reserves the right to change or alter operational hours at any time without notice.